



Welcome to the nature spa of the Hotel Landmann.

Let us pamper you and enjoy some time off with a view of the beautiful Black Forest. For your well-being we use exclusively the products of Team Dr. Joseph and Amla Ayurveda. These are certified organic and 100% natural.

Choose from:

Detox massage

This full body massage has a detoxifying effect and stimulates the deep tissues to eliminate released harmful substances. Selected essences of oregano, ginger and sage provide a radiant and purified complexion and harmonize your energy flow.

50 minutes

79,- EUR

Back - shoulder - neck massage

Special massage against tension. Targeted treatment of the upper and lower back, shoulders, neck and head loosens the muscles. Stress symptoms are reduced. Ideal for those who do a lot of sedentary work.

40 minutes

68,- EUR

Anti - stress massage

This full body - relaxation massage supports you to find your inner balance again. You can recover from the stresses of everyday life. St. John's wort extract has a particularly calming effect on the nervous system and gives you new energy.

50 minutes

79 ,- EUR



Abhyanga oil massage - the ayurvedic full body massage

Classic full-body oil massage that invigorates all the senses and maintains health. It is experienced as extremely beneficial, regenerates and rejuvenates the entire organism. It is not for nothing that Abhyanga in ancient Indian means "great oiling with loving hands". Performed with warm, high-quality oils - one of the most effective forms of treatment in Ayurvedic health teachings.

75 minutes

119,- EUR

Tibetan back massage

A gentle massage with delicately scented, high-quality essential oils and the addition of gold leaf (aurum). It serves primarily to harmonize our soul forces and produces an exceptionally deep relaxing effect on the entire organism. Very good for states of exhaustion.

50 minutes

79,- EUR

Fascial massage (myofascial release)

This massage works mainly through the fascia tissue. Misalignments, hardenings and adhesions can thus dissolve. The slow, soothing and gentle grips also have a balancing effect.

50 minutes

79,- EUR



**AORT (Autonomous Osteopathic Reduction Technique)
Osteopathic pain therapy**

AORT is a holistic method for restoring mobility in all areas of the body. Pain points are specifically located in the body and gently dissolved.

60 minutes

89,- EUR

GOT - Generalized Osteopathic Treatment

Our health depends, among other things, on fluid circulation (blood flow) and free nerve impulses. GOT treatment is a global therapy method that can correct all movement restrictions. It is used and recommended for many diseases, as it activates the body's self-healing powers.

60 minutes

89,- EUR

We look forward to seeing you!

Your massage team
vital & entspannt

*Evelyn Krisch
Robert Multner*

Appointments for all treatments are always by appointment only. All listed times are inclusive of after-rest time. Payment is made directly after the application to the treating person.

We use only high quality, organic certified oils, which are tested against allergens, and guaranteed without animal testing.

Important note: If you are unable to keep an appointment, please let us know 24 hours in advance. Otherwise, we will have to charge you the total amount.